

Age group	Time	Training days	Coach	Manager	Contact #
U6	5pm-6pm	Monday and Wednesday	Parents ?	Parents ?	
U7	5pm-6pm	Monday and Wednesday	Parents ?	Maeve	O842064527
U8	5pm-6pm	Monday and Wednesday	Parents ?	Parents ?	
U9	5pm-6pm	Tuesday and Thursday	Stephen & Darren	Lauren	O826001911
U10	5pm-6pm	Tuesday and Thursday	Greg	Chantel	O761763933
U11	5:pm-6:pm	Tuesday and Thursday	Peter & Innocent	Bernita	O847373430
U12	5:30pm-6:30pm	Monday and Wednesday	Ash	Ash	O723319252
U13	5:30pm-6:30pm	Tuesday and Thursday	Theo & Siyabonga	Stuart & Angela	O83 6601586 &
U15	6:00pm-7:00pm	Monday and Wednesday	Peter	Saleem	
U17					
seniors	6:30pm-8pm	Tuesday and Thursday	Charles & Theo		O840913093 & O799766128